



ROWING



High School DEVO program.

An afternoon **Learn to Row** program for interested high school athletes.

Monday – Thursdays, 4:30pm –6pm.

Starting Monday, May 11th– Thursday, June 4th.

Cost: **\$125.**

This program is designed for students who are interested in the **sport of rowing** and are unable to meet the demands, or commitment of the competitive school program. It will be instructed by club coaches with an emphasis on technique, fitness and fun.

Registration through HS rowing contact or by contacting Carol at carol.love@sympatico.ca.

