

# **CHECKLIST**

## **Forms & Trip Fees:**

Deposit due December 20<sup>th</sup>.

All completed forms and final payment must be turned in to Carol PRIOR to departure.

- Peterborough Rowing Club Registration Form
  - Appendix "A" Waiver and Assumption of Risk
  - Consent to Travel
  - Behaviour Expectations & Consequences
  - Health and Safety Information
  - Out-of-Province Insurance / Medical Consent / Medication Information
  - All rowers must have paid for the trip in full before getting on the bus**
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## **Border Identification:**

No one will be allowed on the bus without the proper identification for crossing the border (this includes rowers, coaches and chaperones). Must be original documentation, NO photocopies.

Currently, Canadians entering the United States by land are required to present:

- a government-issued photo ID, such as a driver's license AND a birth certificate or a citizenship card; OR
- for persons aged 18 and under, a birth certificate or a citizenship card only; OR
- a valid passport.

Starting June 1, 2009, a U.S. law will require Canadians to present a valid passport to enter the United States by water or land. For more information, go to: <http://www.passportcanada.gc.ca/>

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## **Packing List**

- Border Identification (as indicated above)
- Health Card and Travel Health Insurance
- Clothing – weather is quite variable, so bring clothes for both warm and cold weather
- Rowing Clothes – shorts & T-shirts, sweatpants and sweatshirts
- Extra running shoes
- Extra socks
- Hat, sunglasses, sunscreen (\*\* sunscreen is very important, you **will** get burned otherwise)
- Water Bottle
- Rain Gear
- Bathing Suit & Towel
- Snacks for trip down – no fruit or veggies (we can't take them across the border)
- Spending money - ?? \$50-\$100 US ?? or whatever you want/can afford (remember a little bit of Canadian money too for snacks on route)
- Travel games, books, journal, pen, playing cards, frisbee, movies (No 'R' rated movies on bus!)
- Pillow and blanket/sleeping bag for bus trip
- Camera

**Website for Richard B. Russell State Park:** <http://www.gastateparks.org/info/richbruss/>